

September 2020

Welcome Back York Avenue Families!

Although this year is beginning with virtual learning and we are not together in the building, I am excited to start the year with you and your family! We will have our challenges, but please know that I am here to support you in any way I can. Please feel free to contact me if you have any questions or concerns about your child's(ren's) mental health as we navigate this year together. There are behaviors that are to be expected. During this time period feelings and actions may be bigger and more frequent than they were before. There may be interruptions to typical routines and reactions to situations that typically didn't present as an issue. I will be happy to share ideas to help your family with some issues you may face.

Please remember that I am a phone call or email away. You can also find a link to my virtual counseling office on your child's canvas homepage. I will be seeing the children during lunch groups, classroom lessons, and at any time they request a visit.

Stay Well and Be Safe.

Mrs. Becky Murray

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